

Giant Basketball Academy Winter League Playing Rules

1. We will play six quarters of six minutes.
2. Each player is required to play at least two quarters per game. No player, unless a team has five players, can play the whole game.
3. We will play with a running clock.
4. Basketball sizes used:
 - a. 6-8 Co-Ed will utilize a 27.5 ball.
 - b. 8-10 Boys and 9-11 Girls will utilize a 28.5 ball.
5. Goal sizes used:
 - a. 6-8 Co-Ed will utilize an 8.5-foot goal.
 - b. 8-10 Boys and 9-11 Girls will utilize a 9.5-foot goal.
6. There is no full-court press
 - a. In the final two-minutes an 8-second half-court clock will be enforced.
7. Players will not foul out.
8. There will be no time-outs.
9. Players are not allowed to be subbed during quarters unless there is an injury.
10. We will not shoot foul shots. Fouls will be taken out on the side.
11. And-One plays will result in three points
12. A two-minute overtime will be played at the end of regulation. If there is a tie at the end of the overtime period, the game will go to a sudden death play. Sudden Death will be started with a Jump Ball in Center Court. Game will end after one team makes a basket.
13. All defense is man-to-man in half court setting. No double teams are allowed. On fast breaks players are allowed to stop ball. If a man is beat, help defense is allowed until the original defender recovers.